

Anesthesia & Breastfeeding

More often than not, breastfeeding and anesthesia are compatible. The common suggestion to "pump and dump" for 24 hours post-surgery is not in line with current evidence. Generally, the nursing parent can resume breastfeeding once they are awake, stable, and alert after anesthesia has been given.

Proceed

The following are considered compatible with breastfeeding:

- Midazolam
- Fentanyl (single dose IV)
- Ondansetron
- Dexamethasone
- Metoclopramide
- Propofol
- Etomidate
- Volatile anesthetics
- Succinylcholine
- NMBAs
- Neostigmine/glycopyrrolate
- Lidocaine
- Bupivacaine

Monitor closely or Avoid

- Morphine- Monitor closely
- Hydromorphone- Monitor closely
- Ketamine- No Data
- Meperidine- **Avoid**



*Reference: Anesthesiology 10 2017, Vol.127, A15. doi:10.1097/ALN.0000000000001867